

LUNCH SPECIAL

SUSHI LUNCH

Open - 3:30 pm, served with miso soup and house salad or soda

ANY 2 ROLLS FOR **\$11** ∴ ANY 3 ROLLS FOR **\$14**

Peanut Avocado
Sweet Potato Tempura
Tuna *
Yellowtail *
Philadelphia *
Spicy Yellowtail *
Spicy Salmon *
Shrimp Tempura

Tuna Cucumber *
Salmon Cucumber *
California
Boston
Salmon *
Eel Avocado
Spicy Tuna *
Spicy Shrimp

Spicy Crab
Tuna Avocado *
Salmon Avocado *
Shrimp Avocado
Avocado Cucumber
Cucumber
Chicken Tempura

Maki Lunch * 14
eel avocado roll, shrimp tempura roll,
& a California roll

Sushi Lunch * 15
5 pcs assorted sushi and a California roll

Spicy Maki Lunch * 16
spicy crunchy salmon roll, spicy crunchy tuna roll,
and a spicy crunchy yellowtail roll

Sashimi Lunch * 17
9 pcs assorted sashimi w. sushi rice

Sushi and Sashimi Lunch * 18
4 pcs assorted sushi, 6 pcs assorted sashimi,
and California roll

LUNCH BENTO \$16

Open - 3:30 pm, served with miso soup

Teriyaki Bento

(Choice of chicken, beef, shrimp, or salmon)
California roll, gyoza, and house salad

Tempura Bento

2pcs shrimp, 3 assorted vegetables,
California roll, gyoza, and house salad

*Sushi Bento **

5 pcs sushi, gyoza, California roll,
and house salad

*Sashimi Bento **

6 pcs sashimi, shumai, California roll,
and house salad

🔥 Spicy

* This menu item consists of or contains meat, fish, or shellfish that are raw or not cooked to proper temperature to destroy harmful bacteria and / or virus. Consuming raw or under cooked meats, fish or shellfish may increase your risk of food-borne illness, especially if you have certain medical conditions.



T 516.483.4900

**1660 Old Country Rd.
Plainview, NY 11803**

HOURS

Mon. -Sat.: 11:00 am - 8:00 pm
Sunday: Closed

www.tingrestaurant.com

SOUP & SALAD

Miso Soup tofu, seaweed, and enoki mushrooms in soybean broth	4	Seaweed Salad marinated seaweed with sesame seeds	7
Wonton Soup 4 pork wontons in clear broth (extra wonton \$1/pc)	5	Kani Salad crab meat, cucumber, & tobiko w. spicy mayo sauce	8
Hot & Sour Soup enoki and wood-ear mushroom, tofu, and bamboo shoots	5	Avocado Salad mixed greens w. sliced avocado & ginger dressing	9
		Tuna Avocado Salad * mixed green salad with sliced raw tuna, avocado, and chef's special sauce	15

APPETIZERS

Edamame with sea salt	5	Shrimp Shumai (8) steamed shrimp dumplings	8
🔥 Spicy Edamame homemade spicy aioli	6	Pork or Vegetable Gyoza (6) dumplings steamed or pan fried w. garlic soy sauce	8
Scallion Pancakes	6	Tempura Appetizer 2 pcs shrimp and 5 pcs assorted vegetables	14
Cold Sesame Noodle green tea soba with sesame soy dipping sauce	7	🔥 Rock Shrimp Tempura crispy shrimp with spicy aioli	14
Roti Canai Indian flatbread served with side of curry sauce	7	B.B.Q. Spare Ribs honey glaze sauce	15
Thai Vegetable Mini Rolls (6) crispy spring rolls served with side of Thai sweet chili sauce	8		

SUSHI BAR APPETIZERS

🔥 Yellowtail Jalapeno * 5 pcs of yellowtail & jalapeno in chef's special sauce	14	Wonton Sushi Tacos * fried wonton tacos filled with tartars of tuna, salmon, and yellowtail mixed with soy mustard sauce, tomatoes, cilantro, and onions	17
🔥 Crispy Rice * crispy fried rice topped with spicy tuna, jalapeno, and sweet soy sauce	14	Tuna Pizza * tuna, avocado & mozzarella cheese with wasabi and spicy mayo over a toasted tortilla and topped with grape tomatoes, micro greens & crunchies (15 minutes preparation time)	20
Savory Salmon * 5 pcs of salmon and jalapeno topped with crispy shallots in garlic truffle yuzu sauce	14		

SUSHI BAR ENTRÉES

🔥 Spicy Maki Combo * spicy tuna roll, spicy salmon roll, and spicy yellowtail roll	21	House Sashimi * 20 pcs assorted sashimi	29
House Sushi * 8 pcs of assorted sushi and a tuna roll or California roll	23	Sushi & Sashimi Platter for One * 30 12 pcs of sashimi, 5 pcs of sushi, and a California roll	30
Tri-color Sushi * 2 pcs tuna, 2 pcs salmon, 2 pcs yellowtail and a spicy tuna roll	23	Sushi for Two * 16 pcs assorted sushi, tuna avocado roll, and rainbow roll	52
		Sushi & Sashimi Platter for Two * 57 24 pcs of sashimi, 10 pcs of sushi, and a rainbow roll	57

TERIYAKI with seasoned vegetables

Chicken	19	Steak	26
Salmon	24	Filet Mignon	30
Shrimp	25		

Teriyaki Combo 27
choose two (chicken, salmon,
shrimp, and steak)

SIGNATURE ROLLS

GODZILLA * fried spicy tuna, avocado, and kani topped with masago, scallions, spicy mayo, and eel sauce	14	SPICY GIRL * spicy tuna topped with spicy yellowtail and wasabi tobiko	17
TOKYO shrimp tempura topped with mango and avocado served with spicy mayo and eel sauce	15	SANDWICH * spicy salmon, spicy tuna, and avocado wrapped w. sesame soy paper served with spicy mayo and wasabi mayo	17
PLAYBOY * spicy salmon, peppered white tuna, avocado, crunchies, and tobiko topped with Thai chili & wasabi mayo sauce	15	SUMMER LOVER * tuna, salmon, avocado, and yellowtail wrapped with soy paper topped with spicy kani salad	18
MAGIC * spicy tuna topped with salmon, yellowtail, avocado, crunchies, tobiko	17	SEX ON THE BEACH * shrimp tempura, and spicy tuna topped with white tuna, avocado, and tobiko served with spicy mayo and eel sauce	18

CLASSIC MAKI ROLLS

Cucumber	5	Boston	7	Philadelphia *	8
Avocado	5	shrimp, lettuce, mayo, & cucumber		smoked salmon, cream cheese, and cucumber	
Peanut Avocado	6	Alaska *	7	Spicy Tuna *	8
California	6	salmon, cucumber, and avocado		with crunchy	
Tuna *	6	Tuna Avocado *	7	Spicy Salmon *	8
Salmon *	6	Tuna Cucumber *	7	with crunchy	
Avocado Cucumber	6	Salmon Avocado *	7	Spicy Yellowtail *	8
Sweet Potato	7	Salmon Cucumber *	7	with crunchy	
Tempura with eel sauce	7	Spicy Shrimp *	7	Shrimp Tempura	9
Yellowtail Scallion *	7	Eel Avocado	8	lettuce, cucumber, and avocado topped with eel sauce	
		Eel Cucumber	8		

California	6	Alaska *	7	Rainbow *	14
crab, avocado, and cucumber		salmon, cucumber, and avocado		California roll topped with salmon, tuna, white fish, and avocado	
Boston	7	Dragon	13		
shrimp, lettuce, mayo, & cucumber		eel & cucumber topped w. avocado			

A LA CARTE

	Sushi 1 pc	Sashimi 2 pcs		Sushi 1 pc	Sashimi 2 pcs
Crabstick (Kani)	2	3	Salmon (Sake) *	3.5	5
Omelet (Tamago)	2.5	3.5	Eel (Unagi)	3.5	5
Shrimp (Ebi)	3	4	Yellowtail (Hamachi) *	4	5.5
White Tuna *	3	4.5	Baby Yellowtail (Kanpachi) *	4.5	5.5
Flying Fish Roe (Masago) *	3	4	Smoked Salmon *	4.5	5.5
Fluke (Hirame) *	3	4	Sea Bream (Madai) *	4.5	5.5
Tuna (Magura) *	4	5.5			