

LUNCH SPECIAL

SUSHI LUNCH

Open - 3:30 pm, served with miso soup and house salad or soda

ANY 2 ROLLS FOR **\$11** :: ANY 3 ROLLS FOR **\$14**

Peanut Avocado	Tuna Cucumber *	Spicy Crab
Sweet Potato Tempura	Salmon Cucumber *	Tuna Avocado *
Tuna *	California	Salmon Avocado *
Yellowtail *	Boston	Shrimp Avocado
Philadelphia *	Salmon *	Avocado Cucumber
Spicy Yellowtail *	Eel Avocado	Cucumber
Spicy Salmon *	Spicy Tuna *	Chicken Tempura
Shrimp Tempura	Spicy Shrimp	

Maki Lunch *	14	Sashimi Lunch *	17
eel avocado roll, shrimp tempura roll, & a California roll		9 pcs assorted sashimi w. sushi rice	
Sushi Lunch *	15	Sushi and Sashimi Lunch *	18
5 pcs assorted sushi and a California roll		4 pcs assorted sushi, 6 pcs assorted sashimi, and California roll	

LUNCH BENTO \$16

Open - 3:30 pm, served with miso soup

Teriyaki Bento

(Choice of chicken, beef, shrimp, or salmon) California roll, gyoza, and house salad

Sushi Bento *

5 pcs sushi, gyoza, California roll, and house salad

Tempura Bento

2pcs shrimp, 3 assorted vegetables, California roll, gyoza, and house salad

Sashimi Bento *

6 pcs sashimi, shumai, California roll, and house salad

火 Spicy

* This menu item consists of or contains meat, fish, or shellfish that are raw or not cooked to proper temperature to destroy harmful bacteria and / or virus. Consuming raw or under cooked meats, fish or shellfish may increase your risk of food-borne illness, especially if you have certain medical conditions.



T 516.483.4900

**1660 Old Country Rd.
Plainview, NY 11803**

Hours

Mon. -Sat.: 11:00 am - 8:00 pm

Sunday: Closed

www.tingrestaurant.com

SOUP & SALAD

Miso Soup
tofu, seaweed, and enoki mushrooms in soybean broth

Wonton Soup
4 pork wontons in clear broth
(extra wonton \$1/pc)

Hot & Sour Soup
enoki and wood-ear mushroom, tofu, and bamboo shoots

APPETIZERS

Edamame with sea salt

Spicy Edamame
homemade spicy aioli

Scallion Pancakes

Cold Sesame Noodle
green tea soba with sesame soy dipping sauce

Roti Canai
Indian flatbread served with side of curry sauce

Thai Vegetable Mini Rolls (6)
crispy spring rolls served with side of Thai sweet chili sauce

SUSHI BAR APPETIZERS

Yellowtail Jalapeno * 14
5 pcs of yellowtail & jalapeno in chef's special sauce

Crispy Rice * 14
crispy fried rice topped with spicy tuna, jalapeno, and sweet soy sauce

Savory Salmon *
5 pcs of salmon and jalapeno topped with crispy shallots in garlic truffle yuzu sauce

SUSHI BAR ENTRÉES

served with miso soup or house salad

Spicy Maki Combo * 21
spicy tuna roll, spicy salmon roll, and spicy yellowtail roll

House Sushi * 23
8 pcs of assorted sushi and a tuna roll or California roll

Tri-color Sushi * 23
2 pcs tuna, 2 pcs salmon, 2 pcs yellowtail and a spicy tuna roll

TERIYAKI

with seasoned vegetables

Chicken 19
Salmon 24
Shrimp 25

4	Seaweed Salad marinated seaweed with sesame seeds	7
5	Kani Salad crab meat, cucumber, & tobiko w. spicy mayo sauce	8
5	Avocado Salad mixed greens w. sliced avocado & ginger dressing	9
5	Tuna Avocado Salad * mixed green salad with sliced raw tuna, avocado, and chef's special sauce	15
5	Shrimp Shumai (8) steamed shrimp dumplings	8
6	Pork or Vegetable Gyoza (6) dumplings steamed or pan fried w. garlic soy sauce	8
6	Tempura Appetizer 2 pcs shrimp and 5 pcs assorted vegetables	14
7	Rock Shrimp Tempura crispy shrimp with spicy aioli	14
8	B.B.Q. Spare Ribs honey glaze sauce	15

17	Wonton Sushi Tacos * fried wonton tacos filled with tartars of tuna, salmon, and yellowtail mixed with soy mustard sauce, tomatoes, cilantro, and onions
20	Tuna Pizza * tuna, avocado & mozzarella cheese with wasabi and spicy mayo over a toasted tortilla and topped with grape tomatoes, micro greens & crunchies (15 minutes preparation time)

Teriyaki Combo 27
choose two (chicken, salmon, shrimp, and steak)

SIGNATURE ROLLS

GODZILLA * fried spicy tuna, avocado, and kani topped with masago, scallions, spicy mayo, and eel sauce	14	SPICY GIRL * spicy tuna topped with spicy yellowtail and wasabi tobiko	17
TOKYO shrimp tempura topped with mango and avocado served with spicy mayo and eel sauce	15	SANDWICH * spicy salmon, spicy tuna, and avocado wrapped w. sesame soy paper served with spicy mayo and wasabi mayo	17
PLAYBOY * spicy salmon, peppered white tuna, avocado, crunchies, and tobiko topped with Thai chili & wasabi mayo sauce	15	SUMMER LOVER * tuna, salmon, avocado, and yellowtail wrapped with soy paper topped with spicy kani salad	18
MAGIC * spicy tuna topped with salmon, yellowtail, avocado, crunchies, tobiko	17	SEX ON THE BEACH * shrimp tempura, and spicy tuna topped with white tuna, avocado, and tobiko served with spicy mayo and eel sauce	18

CLASSIC MAKI ROLLS

Cucumber	5	Boston	7	Philadelphia *	8
Avocado	5	shrimp, lettuce, mayo, & cucumber		Alaska *	7
Peanut Avocado	6	salmon, cucumber, and avocado		California	6
California	6	crab, avocado, and cucumber		Tuna Avocado *	7
Tuna *	6			Tuna Cucumber *	7
Salmon *	6			Salmon Avocado *	7
Avocado Cucumber	6			Salmon Cucumber *	7
Sweet Potato				Spicy Shrimp *	7
Tempura with eel sauce	7			Eel Avocado	8
Yellowtail Scallion *	7			Eel Cucumber	8

California	6	Alaska *	7	Rainbow *	14
crab, avocado, and cucumber		salmon, cucumber, and avocado		California roll topped with salmon, tuna, white fish, and avocado	
Boston	7	Dragon	13		
shrimp, lettuce, mayo, & cucumber		eel & cucumber topped w. avocado			

A LA CARTE

	Sushi 1 pc	Sashimi 2 pcs		Sushi 1 pc	Sashimi 2 pcs
Crabstick (Kani)	2	3		Salmon (Sake) *	3.5 5
Omelet (Tamago)	2.5	3.5		Eel (Unagi)	3.5 5
Shrimp (Ebi)	3	4		Yellowtail (Hamachi) *	4 5.5
White Tuna *	3	4.5		Baby Yellowtail (Kanpachi) *	4.5 5.5
Flying Fish Roe (Masago) *	3	4		Smoked Salmon *	4.5 5.5
Fluke (Hirame) *	3	4		Sea Bream (Madai) *	4.5 5.5
Tuna (Maguro) *	4	5.5			